



NWRD Annual Conference

2020

## PROGRAM

2020 NWRD Program Co-Chairs:

Laura Wiseley MS RD and

Emily Greenough RD CSR CD

NWRD President:

Katy Wilkens MS RD

Email: [NWRDonline@gmail.com](mailto:NWRDonline@gmail.com)

Website: [www.NWRDonline.org](http://www.NWRDonline.org)

NWRD *Celebrating* 40 Years!

## DATES

March 5+6, 2020

## LOCATION

Hotel Murano

1320 Broadway

Tacoma, Washington 98402



## Program Thursday 5<sup>th</sup>

7:15 – 8:00	Registration & Breakfast
8:00 – 8:15	Welcome
8:15 – 9:15	Navigating Phosphorus Control and Low Income: From Barriers to Breakthroughs <i>Misty Nason RD CSR CD</i>
9:15 – 10:15	Nuts & Bolts of the Executive Order for Advancing Kidney Health <i>Barbara Dommert-Breckler RN BSN CNN</i>
10:15 – 10:45	Break -- Exhibits & Posters
10:45 – 11:45	Growing Home Therapies - New Directions, New Challenges <i>Pamila Keech MD MHA and Kathy Schiro Harvey MS RDN CSR CD</i>
11:45 – 12:45	Building Healthy Soil for Healthy Food and Living <i>Ladd Smith, B.S. in Horticulture</i>
12:45 – 1:45	Lunch - Exhibits & Posters NWRD Board Meeting
1:45 – 2:45	Pacific Islanders: The Importance of Food to Cultural <i>Rochelle Fonoti, Ph.C. in Sociocultural Anthropology</i>
2:45 – 3:45	My Relationship with Rice: Exploring Sacred Food Stories & Identity <i>Maria-Lourdes V. Aragon RD CD</i>
3:45p – 5:45p	HAPPY HOUR EXHIBITS & POSTERS at HOTEL MURANO and “PILLAR of EXCELLENCE” AWARDS PRESENTATION <ul style="list-style-type: none"> <li>• <i>With appetizers and cash bar</i></li> <li>• <i>Please thank our Exhibitors for their participation</i></li> </ul>
6:00p – 8:00p	JOIN US FOR A 40 <sup>th</sup> CELEBRATION! “MEMORABLE EVENING AT THE MUSEUM OF GLASS (MOG)” <ul style="list-style-type: none"> <li>• <i>Departing at 5:30p -- Marissa Claiborne RDN CSR CD will lead an educational Walk+Talk: “Bridging Kidney Health to the Future”</i></li> <li>• <i>Earn 1 CPEU as we Walk+Talk from the hotel, across the Chihuly Bridge of Glass, to the Museum of Glass (MOG)</i></li> <li>• <i>Followed by Dinner at the MOG &amp; Browsing the Museum</i></li> <li>• <i>Additional cost - RSVP and pay at online registration</i></li> </ul>

## Program Friday 6<sup>th</sup>

7:15 – 8:00	Registration & Breakfast
8:00 – 9:00	Food Fights and Chronic Disease: Making Caregivers Your Best Teammate <i>Jessianna Saville MS RDN CSR LD CLT</i>
9:00 – 10:00	Plant-Fed Kidneys: “The” Diet to Slow Progression of Chronic Kidney Disease <i>Jennifer Moore MS RDN CSR LDN</i>
10:00 – 10:30	Break -- Exhibits & Posters
10:30 – 12:00	Toward an Integrative Medicine Approach to Kidney Disease <i>Majd Isreb MD FACP FASN</i>
12:00 – 1:00	Lunch - NWRD General Business Meeting
1:00 – 2:00	The Kidney-Gut Axis: What is it and What can Renal Dietitians do About it? <i>Lindsey Zirker MS RD CSR</i>
2:00 – 2:30	Hurricane Disaster Survival: The Experience of One Renal Dietitian <i>Giovanna Rosario-Arroyo RDN CD LND</i>
2:30-2:45	Quick Break
2:45 – 3:45	Fascinating Journey: KDIGO Guidelines on Diabetes & CKD <i>Katy Wilkens MS RD</i>
3:45 – 4:15	Wrap-up - Password for Evaluation / CPEU Certificates

Complete the Online Evaluation Form to receive your CPEU Certificates  
Go to [www.NWRDOnline.org](http://www.NWRDOnline.org) (then enter password)

Approved by the Commission on Dietetics Registration:

<i>Thursday's Presentations</i>	<i>= 6 CPEUs</i>
<i>Thursday's Walk+Talk to MOG</i>	<i>= 1 CPEU</i>
<i>Friday's Presentations</i>	<i>= 6 CPEUs</i>
<i>Exhibits</i>	<i>= 1 CPEU</i>
<i>Poster Sessions</i>	<i>= 1 CPEU</i>

# 2020 Exhibitors / Sponsors & Poster Sessions

Please visit our Exhibitors and thank them for their participation!



<p><b>POSTER #1</b> NWRD Celebrates 40th Anniversary!</p> <p><b>TITLE:</b> "Honor the past, as we bridge to the future" NWRD Memorabilia Display Table</p> <p><b>ABSTRACT &gt;&gt;</b></p>	<p><b>POSTER #2</b> Puget Sound Kidney Centers PSKC</p> <p><b>TITLE:</b> Survive and Thrive with Chronic Kidney Disease - An Education and Prevention Program</p> <p><b>AUTHORS:</b> Kathy Schiro Harvey MS, RDN, CSR, Sara Prato MS, RDN, and Michelle Rowlett MSW, LICSW</p> <p><b>ABSTRACT &gt;&gt;</b></p>	<p><b>POSTER #3</b> B.C. Kidney Care Clinics KCC</p> <p><b>TITLE:</b> Description of Oral Nutrition Supplement (ONS) Prescriptions in BC Kidney Care Clinics (KCC)</p> <p><b>AUTHORS:</b> Dani Renout, MS, RDN, Sophia Zheng, MSc, Adeera Levin, MD, FRCPC, Michelle Wong, MD, MSc, FRCPC</p> <p><b>ABSTRACT &gt;&gt;</b></p>	<p><b>POSTER #4</b> Donate Life Northwest</p> <p><b>TITLE:</b> Donate Life Northwest – Erase the Wait Program</p> <p><b>SUBMITTED BY:</b> Aimee Adelman</p> <p><b>ABSTRACT &gt;&gt;</b></p>	<p><b>POSTER #5</b> Pacific Northwest Council on Renal Nutrition PNW-CRN</p> <p><b>TITLE:</b> Learn more about PNW-CRN!</p> <p><b>ABSTRACT &gt;&gt;</b></p>
----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------

